# Hackensack RIVERKEEPER ECO-CRUISE PROGRAM \* DIRECTIONS TO LAUREL HILL PARK, SECAUCUS, NJ

**FROM NEW JERSEY TURNPIKE EASTERN SPUR:** (the most direct Turnpike route): Exit the Turnpike at Exit 15-X (for Secaucus Junction). After the tolls, follow the l-o-n-g ramp (which becomes Seaview Ave.) around the train station to the traffic light at NEW COUNTY RD. (A.K.A. PAUL AMICO WAY). Turn LEFT onto New County / Paul Amico, proceed over the bridge and drive straight into Laurel Hill Park. Once inside the park, turn into the first parking lot on the RIGHT. That's where we are.

**FYI:** BE SURE to take the Eastern Spur when the Turnpike divides: Follow signs for Exits 15E, 15X, 16E &18E if traveling north; or for the Lincoln Tunnel / Exit 17 and Exit 15X if traveling south. If you get on the Western Spur by mistake, don't panic. Take Exit 16W to Route 3 Eastbound and follow the directions below. You can't get to Exit 15X from the Western Spur.

# **OR, FROM ROUTE 3 EASTBOUND AND POINTS WEST:**

As you pass the Meadowlands Sports Complex, get into the right lane. As you come over the bridge, take the MEADOWLANDS PARKWAY Exit. At the bottom of the ramp, turn LEFT at the light onto Meadowlands Pkwy. \*Take Meadowlands Pkwy through several sets of traffic lights, over a bridge and straight past the Harmon Cove Towers. A short way past the Towers, Meadowlands Parkway becomes CASTLE ROAD as it bends sharply to the left. Take Castle Rd. until it ends at PAUL AMICO WAY. Turn RIGHT onto P.A.W., proceed over a bridge, past Xchange & into Laurel Hill Park. Once inside the park, turn into the first parking lot on the RIGHT. That's where we are.

# OR, FROM NYC / LINCOLN TUNNEL / ROUTE 3 WESTBOUND:

Proceed westbound on I-495. Stay to the right at the bottom of the North Bergen Viaduct and bear RIGHT onto Route 3 West. Stay in the right lane on Route 3 and take the exit for MEADOWLANDS PARKWAY. Follow the exit ramp under Route 3 and stay to the right as you approach the second traffic light. You are now on Meadowlands Pkwy. Proceed as directed (\*) above.

### OR, FROM JERSEY CITY VIA COUNTY ROAD:

From Routes 1 & 9 (Tonnelle Avenue), take County Road towards Secaucus. After passing under the NJ Turnpike, follow signs for Secaucus Junction and merge onto New County Road (AKA Paul Amico Way). Follow New County Rd. / P.A.W. for about 1/2 mile to Laurel Hill Park. Proceed as directed (2) above.

**OR, VIA NJ TRANSIT TRAIN TO SECAUCUS JUNCTION:** Trains running on six different lines make stops at Secaucus Junction throughout the day. From the Concourse, take the Elevator to Street located LEFT of the gates for the Northeast Corridor Line (Tracks 1-2). After exiting the elevator, exit the station through the door to your RIGHT. Once outside, walk to your RIGHT and follow the walkway toward the elevator/stair tower at New County Rd. \*From the top of the tower turn LEFT and walk about 1/3 mile into Laurel Hill Park. Be sure of your return train!

**OR, VIA NJ TRANSIT BUS TO SECAUCUS JUNCTION:** Numbers 2, 78, 124, 129 & 772 buses stop at the Junction. From the bus stop, walk towards the station entrance but DO NOT ENTER. At the base of the stairs, turn RIGHT and follow the walkway toward the elevator/stair tower at New County Rd. Then follow the directions (\*) above. Be sure of your return bus

Captain Bill's cellphone: 201-755-6466 ~~~ Captain Hugh's cellphone: 201-403-1992 Paddling Center cellphone: 201-920-4746 (Onsite at Laurel Hill Park – WEEKENDS ONLY)

# Hackensack RIVERKEEPER Eco-Cruise Program (Adult Groups)

#### PLEASE READ and SHARE THIS INFORMATION BEFORE YOUR TRIP

#### BE SURE TO ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SCHEDULED DEPARTURE!

If you are lost or running late, DO NOT Google & call our office. Call your captain directly: Captain Bill Sheehan @ 201-755-6466 - OR - Captain Hugh Carola @ 201-403-1992

# FOR YOUR SAFETY, THE FOLLOWING COVID-19 SAFETY PROTOCOLS ARE IN EFFECT:

- 1. Both captains are fully vaccinated & boosted.
- 2. Due to the drop in COVID cases in NJ, we are again able to accommodate up to ten persons per boat. If you wish, you are free to bring fewer participants.
- 3. Face masks are not required, though you are welcome to wear one if you choose.
- 4. Unvaccinated persons are urged to exercise caution and mask up while gathering.

# Be sure to bring:

- 1. YOUR CELLPHONE. Make sure it's charged and switched ON, so we can contact you in case of weather cancellation or if you're running late.
- 2. A JACKET. Temps are often cooler on the water, especially on windy and/or cloudy days.
- 3. INSECT REPELLENT & SUNSCREEN. We rarely see mosquitoes, but gnats can be annoying in spring & summer. And always have sunscreen on hand
- 4. WATER, REFRESHMENTS. You are welcome to bring some. <u>Food that does not require utensils</u> <u>works best</u>. Beer & wine are permitted in moderation. Smoking is prohibited.

# Four important points to note:

- 1. USE OUR DIRECTIONS. They are verified, ground-truthed and accurate.
- 2. DON'T RELY ON GPS. If you do use it, set it for: 26 Laurel Hill Rd., Secaucus, NJ 07094
- → Once inside the park, pull into EITHER of the first parking lots (on the RIGHT, just past the community garden; or on the LEFT, just past the dog run). Then check in at our Paddling Center.
- 3. NO NEED FOR MEDS. Our 30-foot pontoon cruisers are very stable & we travel on calm waters.
- 4. CHILDREN AND ECO-CRUISES. Kids as young as 4 are welcome. However, they must remain more or less in one place for 2.5 hours; which is especially important now.

# Regarding weather and cancellations:

- 1. We DO NOT conduct Eco-Cruises in the rain, or in any dangerous conditions like high winds or heat emergency, nor in the face of credible threats of bad weather.
- 2. We monitor multiple marine weather forecasts and Doppler radar & wait until two hours prior to your scheduled start time before canceling (unless the day's a total wash-out).
- 3. We will try to provide plenty of advance notice and do our best to avoid canceling prematurely.
- 4. *Participants:* If you need to cancel your reservation, please let your trip leaders know as soon as possible so they can free up the seat(s) for others.
- 5. *Trip Leaders:* If you need to cancel, please let us know ASAP so we can easily reschedule you.

#### Two last points:

- 1. There are no restroom facilities aboard our 30-foot open boats.
- 2. Due to low bridges along our route we are rarely able to deploy the Bimini tops for shade.

Enjoy your trip & be sure to tell your friends about Hackensack Riverkeeper!